

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Clinical Care
Skills Category	Urinary Catheterisation
Skills Standard Title	Perform routine urinary catheterisation*
Skills Standard Descriptor	Perform insertion / changing of urinary catheter for client with stable condition (i.e. routine catheterisation, for female clients only)
Skills Proficiency Level	Level 2 <i>Previously 'Intermediate' under CCSSF</i>
Source Code	CCSSF-CC-UC-3002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Common types and sizes of urinary catheter • Urinary catheter care • Situation to consider in changing catheter (e.g. blocked catheter, catheter leaking, closed drainage, etc.) • Complications in relation to catheterisation, which may include: ○ Injury to bladder ○ Bladder stones for long term users ○ Bleeding ○ Trauma ○ Pain • Non-immediate complications, which may include (not limited to): ○ Urinary track infection • Organisational policies relating to: ○ Interpreting information on urinary catheterisation ○ Assessing client's general status and readiness for catheterisation ○ Preparing requisites for urinary catheterisation ○ Communicating with client in relation to catheterisation process ○ Preparing environment for catheterisation ○ Performing urinary catheterisation ○ Addressing complications in urinary catheterisation ○ Reinstating environment and all items used ○ Completing documentation for urinary catheterisation • Requisites for urine catheterisation, which may include (not

	limited to): ○ Urine bag ○ Urinary catheterisation set ○ Lubrication gel ○ Micropore tape ○ Protective sheet ○ Personal protective equipment • Urinary track infection signs and symptoms • Anatomy and physiology of urinary system • Standard precautions, which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene • Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: • Interpret order on urinary catheterisation in accordance with organisational policies and procedures • Assess client's general status and readiness for catheterisation in accordance with organisational policies and procedures • Prepare requisites for urinary catheterisation in accordance with organisational procedures • Communicate with client in relation to catheterisation process in accordance with organisational procedures • Prepare environment for catheterisation (i.e. protective sheet, etc) in accordance with organisational policies and procedures • Perform urinary catheterisation in accordance with organisational policies and procedures • Address complications in urinary catheterisation in accordance with organisational policies and procedures • Reinstatement environment and all items used in accordance with organisational procedures • Complete documentation for urinary catheterisation in accordance with organisational policies and procedures
Person Centred Care <i>This refers to having a</i>	Underlying principles:

<i>person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	• Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: • Interpret order on urinary catheterisation • Assess client's general status and readiness for catheterisation • Prepare requisites for urinary catheterisation • Prepare environment for catheterisation • Perform urinary catheterisation in • Maintain sterility during catheterisation process • Address complications in urinary catheterisation • Practise infection control in accordance with National Infection Prevention and Control Guidelines • Complete documentation for urinary catheterisation